

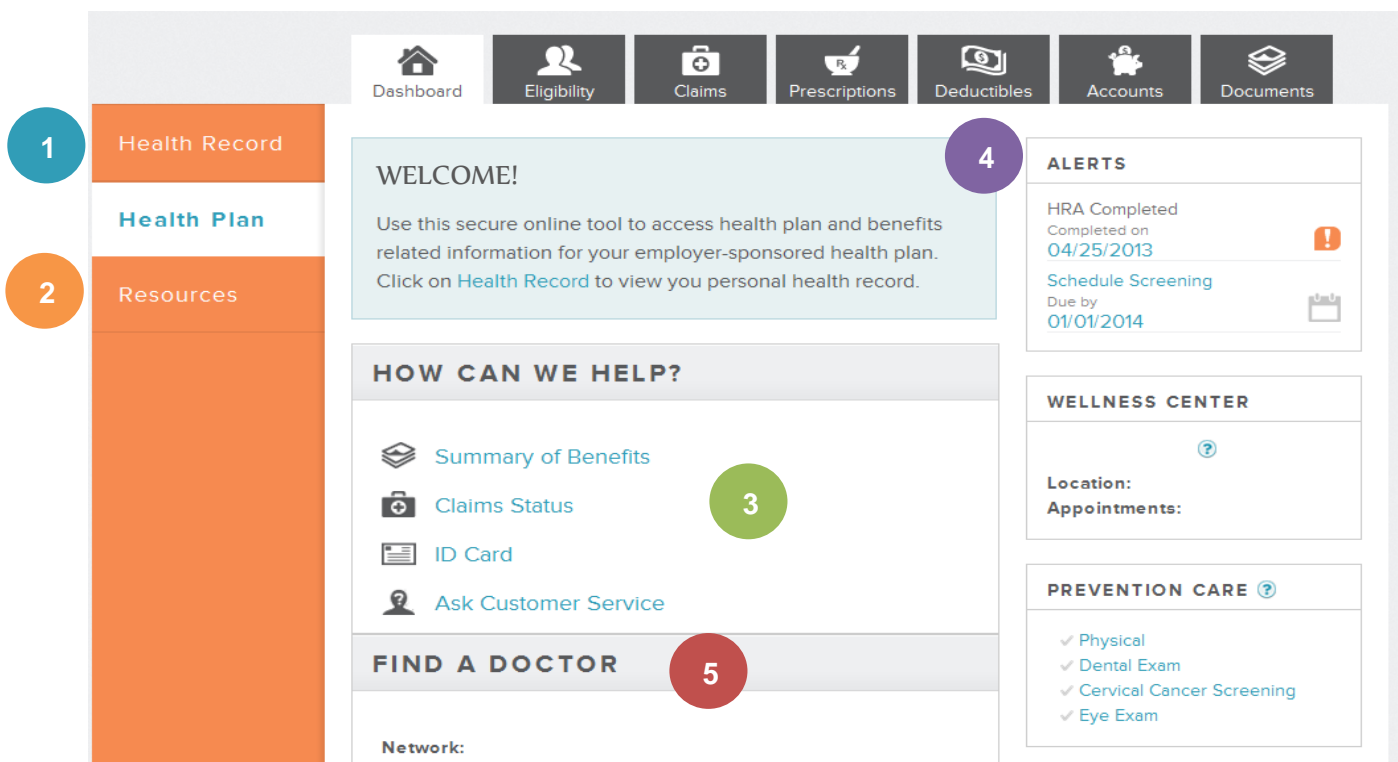
WELCOME TO HEALTHGRAM!

Healthgram's online member portal is your secure home for a multitude of health and wellness tools and information. As a member of the Healthgram family, you can access your member portal by first going to www.healthgram.com. From here, follow the below instructions:

1. Click on the **"Member Login"** button located in the lower right hand corner of your screen.
2. Click on the **"Register Here"** link directly beside the login button. (If you have previously registered on healthgram.com, just enter your username and password.)
3. You will be required to enter your first and last name, date of birth, home ZIP code, last four digits of your SSN, and ID card #
4. You will also be required to provide an e-mail address to register. If you don't already have an e-mail address, Healthgram will provide you with a link to help you set up a free account. Create a password and submit.
5. When registration is completed, you will be routed back to the home screen. Please enter your username and password and login.

What do I have access to in the online member portal?

- (1) See your personal health record
 - Contact us with any questions
- (2) Access our Health Library
 - View health & wellness related videos
 - View health advisor action plans & general tips and information
 - Calculate your BMI, risk of stroke and heart attack
- (3) Review plan Summary of Benefits
 - See the status of your claims
 - Get a copy of your ID card
- (4) View:
 - Member eligibility details
 - View all member's medical and Rx claims and view EOBs
 - See where you are year-to-date with your deductible, Flex, and HRA balances
 - Your plan documents
- (5) Find a network provider



The screenshot shows the Healthgram member portal interface. At the top is a navigation bar with icons for Dashboard, Eligibility, Claims, Prescriptions, Deductibles, Accounts, and Documents. On the left is a sidebar with three main sections: Health Record (callout 1), Health Plan (callout 2), and Resources (callout 3). The main content area features a 'WELCOME!' message with instructions to use the secure online tool. Below this is a 'HOW CAN WE HELP?' section with links to Summary of Benefits, Claims Status (callout 3), ID Card, and Ask Customer Service. At the bottom of the main area is a 'FIND A DOCTOR' section (callout 5) with a 'Network:' label. On the right side, there are three panels: 'ALERTS' showing HRA completion and a screening due date (callout 4), 'WELLNESS CENTER' with location and appointment information, and 'PREVENTION CARE' with a checklist of exams (Physical, Dental, Cervical Cancer Screening, Eye Exam).